

Intro + Last Month's Recap

Summer sure seems to be rolling by quickly! July marked Disability Pride Month and it was an awesome opportunity to celebrate the successes of the community and to raise awareness about the barriers still faced by persons with disabilities.

Congratulations to Gerry Kress for winning the Red Deer Mayors Award! (more details below)

August marks the middle month of summer and all the warm weather and fun times spent with friends and family.



Upcoming BBQs in August

First 50 people registered will be entered into a draw for a \$500 prize!

Join us for a day filled with laughter, fun, and the unmistakable aroma of summer BBQ!

August 3rd, 2024 | 10AM - 2 PM

Emily Murphy Park, Site #1

Tickets are FREE!

Spponsored by Red Plaid Developments

Spponsored by Home Health Store

There will be food, music, beverages, prizes, entertainment, activities for all ages, activities, outdoor lawn games, and more! Stay and enjoy the fun for as long as you want!

2024

BBQ Party

First 50 people signed up get put in a draw for a \$500 prize!

August 23

YYC SCI-AB

PEER BBQ PARTY

Spponsored by Hollister

Spponsored by Home Health Store

There will be food, music, beverages, prizes, entertainment, activities for all ages, activities, outdoor lawn games, and more! Stay and enjoy the fun for as long as you want!

2024

BBQ Party

With the start of August upon us, our YEG and YYC BBQs are drawing near! First up will be the Edmonton BBQ on Saturday, August 3rd at Emily Murphy Park from 10am-2pm, tickets can be reserved online here: <https://www.canadahelps.org/en/charities/spinal-cord-injury-alberta/events/edmonton-summer-bbq-party-2024/>

The Calgary BBQ will take place on Sunday, August 11th from 11am-3pm at Glennfield Day Use Area C. Tickets for Calgary are available here: <https://www.canadahelps.org/en/charities/spinal-cord-injury-alberta/events/calgary-summer-bbq/>

Thank you to Red Plaid Developments for sponsoring the food and grilling up the goods for us in YEG, and thank you to Coloplast and Home Health Store for sponsoring the BBQ to make it the best that it can be! Thank you to Hollister for the sponsorship of the YYC BBQ and the Red Deer BBQ.

As a bonus this year, the first 50 tickets reserved at for each event will be entered into a draw for a giftcard! (Please note you must be present in person at the time of the draw to win!) Looking forward to seeing you all there!

Community Shoutout | Red Deer Mayors Award

Red Deer's mayor Ken Johnston and members of city council recognized 24 groups and individuals at the 2024 Mayor's Recognition Awards on June 19 at the Western Park Harvest Centre. Winners of the Community Builders Award included the one and only Gerry Kress!



"It's an honour to be recognized like that. You can have all the skills and talent that you can have, but if you don't use it, it's useless. It just shows that when people have the ability to do something, and they do it, things happen. The award shows that, I think," Kress said. Kress is the founder of Red Deer's Wheelchair Rugby Club, which he started in 2023. He played a role in starting the Steel Wheels Rugby group in Edmonton and wanted to create a similar community opportunity when he moved to Red Deer. "It means everything. It's not only physical health, it's also mental health. The community in wheelchair rugby is just so incredible and it's always super welcoming for all participants that come," shared Brent Haase, vice-president of the club. Haase was one of the members who nominated Kress for the award.

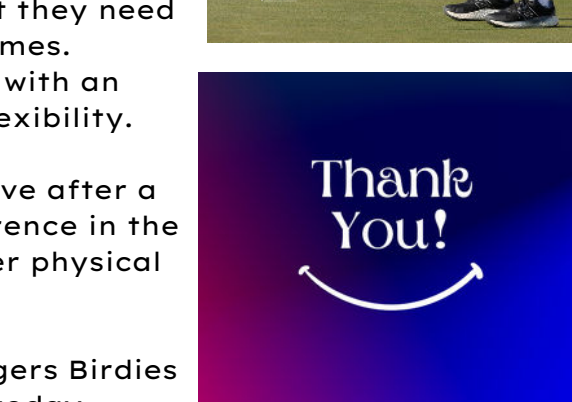


Thank you Gerry and crew for all you do to grow the community in Central Alberta!

SCI-AB August 2024 Events:

Upcoming SCI-AB Events in August:

- Aug 3: [YEG Summer BBQ](#)
- Aug 5: [Offices Closed for Heritage Day](#)
- Aug 6: [Coffee + Peers at the Glenrose](#)
- Aug 7: [Online Peer Chat with Terry](#)
- Aug 10: [YYC Summer BBQ](#)
- Aug 13: [Virtual Ladies Peer Chat \(w/ Brandice\)](#)
- Aug 14: [Calgary Lunch](#)
- Aug 21: [Online Peer Chat with Terry](#)
- Aug 27: [Virtual Ladies Peer Chat](#)
- Aug 27: [YEG Peer Dinner at Syphay](#)
- Aug 28: [Pizza + Peers at the Glenrose](#)
- Aug 28: [YYC Peer Dinner](#)



Be sure to check out our [online events calendar](#) or our [social media channels](#) to keep up to date on upcoming events!

Rogers Birdies For Kids Presented by AltaLink for SCI-AB

Do you want to make a tangible difference in a child's life?

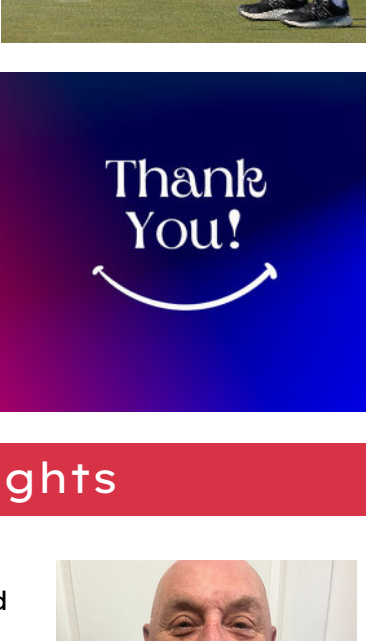
Please consider making a gift to SCI-AB through Rogers Birdies for Kids presented by AltaLink. Your gift will be matched up to 50% through Rogers Birdies for Kids presented by AltaLink until August 15th

Your matched gift will support clients through these essential programs:

Peer Support - clients are paired with a peer who has lived experience and who can pave the way for a smooth transition.

Client Service Coordinators - clients will receive the support they need to enable them to adjust, adapt and thrive in their homes.

Neuro-Rehabilitation Centre - Clients will work together with an exercise physiologist to increase strength, mobility and flexibility.



MAKE YOUR DONATION GO FURTHER.

All the things needed to help people adjust, adapt and thrive after a spinal cord injury. Your donation can make a difference in the lives of children and youth with a spinal cord injury or other physical disability.



Head over to [sci-ab.ca/donate](#) and click on the link for Rogers Birdies for Kids presented by AltaLink to make your donation today.

SCI-AB Board Member Updates/AGM Highlights

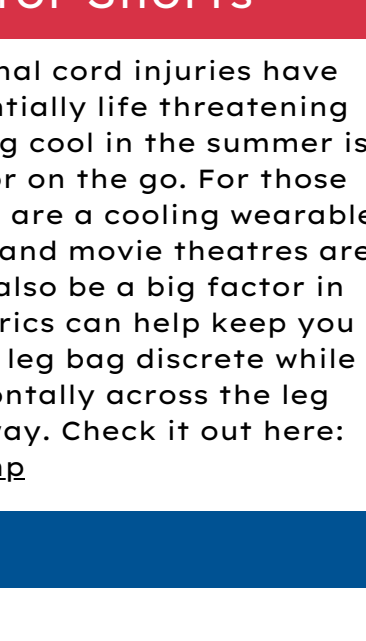
June 26th marked SCI-AB's annual AGM. A few highlights from the meeting include our new board members: Bonnie Maguffee from Grande Prairie, Gerhardt (Geri) Redikop from Edmonton and Michelle Mather out of Calgary.



Check out our [full list of board members here!](#) Our annual report is now available on our website: <https://sci-ab.ca/annual-report/>

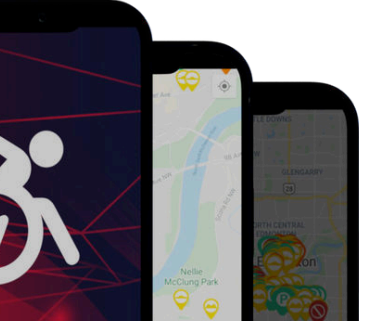
In the Community + Across the Province:

Who else is excited for waterski season? Check out the Splash Adaptive Waterski Poster for waterski try it events coming soon to a lake near you! Everyone is welcome, any age, any ability. Hope to "ski" you there! There are also upcoming try it days on: August 10th and 24th in Calgary at Predator Bay, and August 13th and 24th in Coaldale. There will be more Lacombe/Edmonton dates coming soon now that we have more foundation trained coaches! Visit: www.splashwaterski.com for more information. Registration can be found here: <https://www.swsa.ca/swsawomembership>



See the poster below for a full schedule of events across the province.

If you live in Edmonton and would like to catch some adaptive waterski competition skiing, Westlake will take place from August 10th at Shalom Waterski Park. This is an action packed event with able bodied and adaptive skiers in all three events: slalom, trick, and the crowd favourite: jump!



If you are in the Edmonton region and would like to give sledge hockey a try this summer, the Edmonton Adaptive Sports Association (EASA) have FREE ice times over the summer. For the month of August the ice times will be at Millennium Place Arena in Sherwood Park and will take place on August 19th from 9pm-10:30pm. The next practice will be on August 26th from 9:15pm-10:45pm, also at Millennium Place Arena in Sherwood Park, east of Edmonton. Please arrive 30 min prior to get equipment sorted. Contact Sharon Veeneman at 780-721-7071 for more information, or to reserve your space. No experience is necessary, and friends and family are welcome to come out and try as well! It is a great way to escape from the heat on a hot summers day! Check out the poster below for a full list of ice times for the summer. Regular season begins in September!

The Paralympic Sports Association (PSA) will be hosting a sledge hockey intensive camp from August 16-18th at the Meadows community red center on the southside of Edmonton. This is welcome to all skill levels and is a great way to build a strong foundation before regular season starts! For more information or to register, check out: <https://www.parasportsab.com/we-offer/summer-sledge-hockey-intensive-12/>

EASA Sledge Try It Events

Everyone is welcome, come out to try sledge hockey or get some extra ice time in the off season!

Edmonton Recreation Complex - West	Monday	April 1 st	@ 9:00 PM - 10:15 PM
Sherwood Park Arena - East Area	Tuesday <th>April 2nd</th> <th>@ 9:00 PM - 9:45 PM</th>	April 2 nd	@ 9:00 PM - 9:45 PM
Millennium Place - Sherwood Park	Wednesday <th>April 3rd</th> <th>@ 9:00 PM - 10:00 PM</th>	April 3 rd	@ 9:00 PM - 10:00 PM
Millennium Place - Sherwood Park	Thursday <th>April 4th</th> <th>@ 9:00 PM - 10:00 PM</th>	April 4 th	@ 9:00 PM - 10:00 PM
Millennium Place - Sherwood Park	Friday <th>April 5th</th> <th>@ 9:00 PM - 10:00 PM</th>	April 5 th	@ 9:00 PM - 10:00 PM
Millennium Place - Sherwood Park	Saturday <th>April 6th</th> <th>@ 9:00 PM - 10:00 PM</th>	April 6 th	@ 9:00 PM - 10:00 PM
Millennium Place - Sherwood Park	Sunday <th>April 7th</th> <th>@ 9:00 PM - 10:00 PM</th>	April 7 th	@ 9:00 PM - 10:00 PM
Millennium Place - Sherwood Park	Monday	April 8 th	@ 9:00 PM - 10:00 PM
Millennium Place - Sherwood Park	Tuesday	April 9 th	@ 9:00 PM - 10:00 PM

In addition, Rocky Mountain Adaptive have a variety of camps and try it opportunities upcoming. Be sure to check out their website, for the most up to date resources! Check out their website here: <https://rockymountainadaptive.com/>. In addition to camps and try it days, they also have equipment lessons and rentals available. There are adaptive Bowhead mountain bikes, wheelchair accessible paddleboards, kayaks, all terrain wheelchairs, hand cycles, and much more!

Wheelchair Sports Alberta summer programs are in full swing! They also be try it days every Thursday evening from 6:30-8pm in the Glenrose main gym, there will be opportunities to try basketball, rugby, tennis, curling and roller sledge.

The ACPSA also has boccia try it days on Wednesday evenings from 5:30-7pm in the Glenrose Main gym. Boccia is a Paralympic sport that involves throwing, kicking or using a ramp in order to propel a soft leather ball towards a target. Assistive equipment is available to make the sport accessible to all.

Ultimate Para Sports and the **Paralympic Sports Association** have hand cycling programs in full swing. PSA also has adaptive kayaking and golf available.

Finally the Glenrose and the U of A have 2 events coming up in September that put the fun of a fun 'n fundraising!

Firstly, the Glenrose Courage ride will take place on September 7th. It will take place at Pigeon Lake, which supports the world-class rehabilitation healthcare at the Glenrose Rehabilitation Hospital. A 58.5K fonda, the Courage Ride invites cyclists from beginner to avid to share in a morning filled with cycling, inspiration, and motivation. As part of your event registration, you'll enjoy a light breakfast, rider swag, and a post-ride bite. Fundraise individually or join a team today!

For more information or to sign up, visit: <https://glenrosefoundation.com/event-2024-courage-ride/>

Then on September 14th, the University of Alberta will host the The NERD Run (Neuroscience Education, Research and Discovery). It is a fun run organized by the Neuroscience and Mental Health Institute at the University of Alberta that raises awareness and support for brain and mental health research.

Open to all levels and abilities, the race begins in Kinsmen Park and traverses the scenic Edmonton river valley with a 2.5 km walk, 5 km walk/run, or 10 km run. Register before August 30 and receive a free exclusive NERD Run tech t-shirt.

For more information, or to sign up, please visit: <https://racereposter.com/events/2024/83621/the-nerd-run>

SPLASH/ADAPTIVE WATER SKI

CLINIC DATES 2024

20 INTERMEDIATE

June 2nd - Calgary, Predator Bay	June 25 - Coaldale, Vauxhall
July 6 - Calgary, Predator Bay <th>July 9 - Coaldale, Vauxhall</th>	July 9 - Coaldale, Vauxhall
July 7 - Edmonton, Wizard Lake <th>August 13 - Coaldale, Vauxhall</th>	August 13 - Coaldale, Vauxhall
July 21 - Strathroy Valley, Eagle Valley <th>August 24 - Calgary, Predator Bay</th>	August 24 - Calgary, Predator Bay
July 23 - Lethbridge, Wizard Lake <th>August 27 - Coaldale, Vauxhall</th>	August 27 - Coaldale, Vauxhall
August 10 - Calgary, Predator Bay <th>August 27 - Coaldale, Vauxhall</th>	August 27 - Coaldale, Vauxhall

Register Today at www.splashwaterski.com

First Clinic FREE! | \$40 A CLINIC AFTER

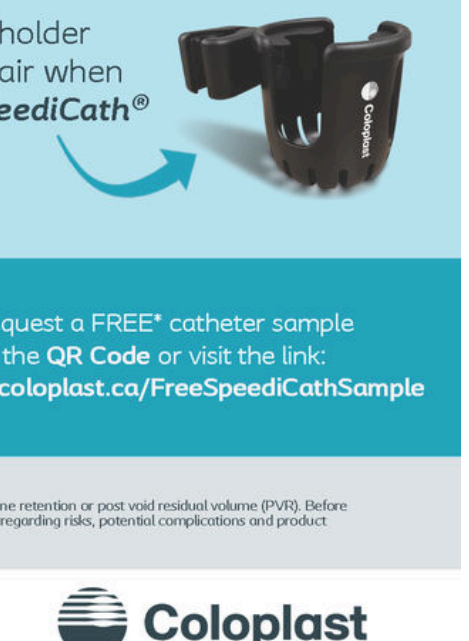
FOLLOW US ON INSTAGRAM @aplshadapтивe20ski

SCI Tips | Staying Cool and Leg Bag Holder for Shorts

With the summer time, comes scorching temperatures. Many with spinal cord injuries have diminished sweating responses to high temps, which can lead to potentially life threatening conditions such as Autonomic Dysreflexia or severe heat stroke. Staying cool in the summer is paramount! Cooling towels or small portable fans are great options for on the go. For those looking for more heavy duty cooling, there are "ice vests" available that are a cooling wearable. Seeking out air conditioning is also a great way to beat the heat. Malls and movie theatres are great ways to spend a day/afternoon and enjoy the AC! Clothing can also be a big factor in keeping cool, lightweight breathable fabrics and moisture wicking fabrics can help keep you chill. For those with a Foley catheter, it can be challenging to keep the leg bag discrete while wearing shorts. However, Urocare has a sport bag that is worn horizontally across the leg beneath shorts, skirts and swimsuits, allowing the bag to be tucked away. Check it out here: <https://www.urocare.com/EN/Products/9516EN.php>

Technology | Click n Push Accessibility App

Check out the Click n Push Accessibility which gives real time accessibility information to those with disabilities, but also to event organizers and venues as well. Click and Push recently partnered up with Explore Edmonton to map the K-days grounds through the ATLAS.



The ATLAS, is a community-sourced navigation app that empowers digital citizens with real-time accessibility information to help them access societal spaces. This initiative aims to support individuals with mobility limitations, enabling them to plan their visit by identifying restrictive barriers and accessible alternatives. The ATLAS allows organizations like Explore Edmonton to directly hear from people about any obstacles they encounter in public spaces. When a user reports a problem, the organization gets an immediate alert so they can take steps to fix it. In addition, the app collects data over time to help organizations make informed decisions on how to make its public spaces accessible for everyone here.

Learn more about the app and initiative here: <https://www.clicknpush.ca/>

Research Spotlight | SCI Housing

This research study is conducted on the housing needs and priorities of Canadian's with spinal cord injury. The research team is hoping to hear from people living in Alberta. Please have a look at the flyer and consider participating and sharing this opportunity within your network.

Addressing the Housing Needs of People with Spinal Cord Injury / Dysfunction

WE ARE LOOKING FOR PEOPLE WITH SPINAL CORD INJURY / DYSFUNCTION TO PARTICIPATE IN A RESEARCH STUDY. PROFESSIONALS TO TAKE PART IN A CLINICAL RESEARCH STUDY.

This qualitative study is taking members of the SCI community to take part in a 2-3 hour interview or focus group to discuss:

- exploring housing issues
- challenges being experienced with housing
- strategies to improve housing

This project is part of a larger initiative to develop a tool kit to help people with SCI address their housing needs.

WHAT IS INVOLVED?

- Interview or focus group on the telephone or Zoom
- We are offering a \$50 gift card for your time

TO LEARN MORE, PLEASE CONTACT:

- Kimberly Young, Research Associate
- Phone: 1-800-424-0710 or email: kimberly.young@sunbnybrook.ca

Funding for this study is provided by the Craig H. Nelson Foundation.

Researcher: Kimberly Young, PhD

Phone: 1-800-424-0710

Researcher: Kimberly Young, PhD

Phone: 1-800-424-0710

This study is a collaborative project between the University of Alberta and Sunbnybrook.

Researcher: Kimberly Young, PhD

Phone: 1-800-424-0710

They are providing a \$50 gift card to those with spinal cord injury or family caregivers in the community who are eligible and complete participation in the study, which involves 1-1.5 hour time commitment with a zoom or phone interview and short online survey.

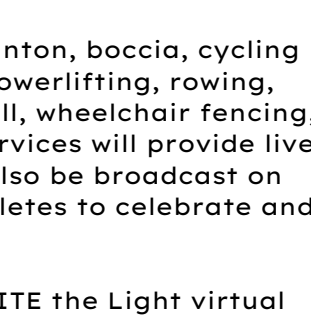
They are also looking to speak with professionals (healthcare, housing, advocacy) involved in building, designing, finding, and advocating for accessible housing.

Visit www.homeaccessibilitytoolkit.com or Email housingstudy@sunbnybrook.ca to express interest or if you have questions. Thank you for your support!

Check out the all of the current research study opportunities here! <https://sci-ab.ca/research-opportunities/>

Check it Out! | SCI Showcases in the Community : Mixed Crips Podcast

Looking for a new podcast to check out? Add the "Mixed Crips" Podcast to your rotation. Unfiltered talk about living life with a disability hosted by Tash and Maria. They explore the intricacies of living life on wheels and neurodivergence, along with a bevy of guests also with physical and/or cognitive mixed abilities. Conversations range from awkward, challenging, personal and intimate. Subjects range from public treatment, misdiagnosis, employment, relationships, sexual preference, and much more. The Mixed Crips believe the need for discussion will spread awareness and create camaraderie.



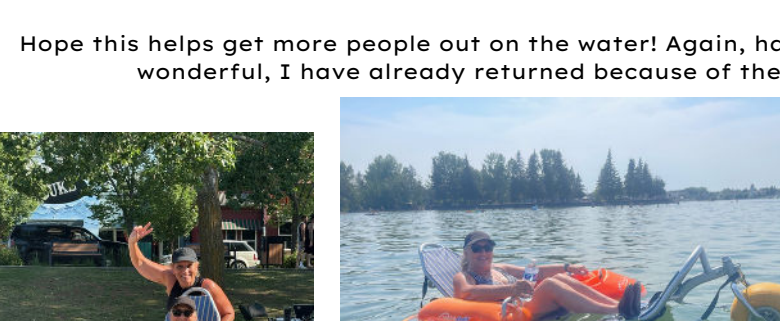
Check it out here: <https://open.spotify.com/show/3BVA1e9FKT4ApAqcWfd5Ev>

Did You Know? | Dental Coverage Updates



Oral Health care is an essential part of overall healthcare. As of June 27th, persons with disabilities and children under the age of 18 are now eligible to apply for the Canadian Dental Care Plan. The plan has already connected over 2 million Canadians with coverage and, as a result, hundreds of thousands of Canadians have been able to see the dentist. The portal to apply can be found here: <https://www.canada.ca/en/services/health/dental/dental-care-plan/apply.html>

Insist on less, and get more from your catheter!

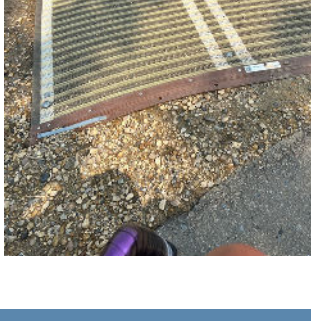
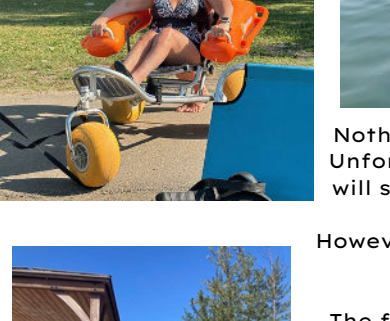


With less preparation, **SpeediCath®** catheters with **Triple Action Coating Technology™** provide less friction, less risk of harming your urethra, and less worry about UTIs.¹

Get a **FREE*** wheelchair for your wheelchair when you sample a **SpeediCath®** Catheter!



To request a **FREE*** catheter sample scan the QR Code or visit the link: visit.coloplast.ca/FreeSpeedCathSample



Research | Hyperoxia Study Looking for Participants

Researchers at the University of Alberta are seeking participants for a study investigating the effects of hyperoxia on spinal cord injury recovery. See the poster below for full inclusion criteria and details.

Who is involved in the study?

Dr. Joseph Yang
Professor
Faculty of Rehabilitation Medicine
University of Alberta

Dr. David Bennett
Professor of Neuroscience
University of Alberta

Dr. Eric Wong, PhD
Professor
Faculty of Rehabilitation Medicine
University of Alberta

To participate in this study, contact:

Michelle Barnes, PT
(780) 692-8558
barnes@ualberta.ca

or

Aria Lucie-Gauze
(780) 778-8474
luciegauze@ualberta.ca

What are we studying?

We will use a new method to measure the effects of hyperoxia on spinal cord injury recovery. This study is a randomized controlled trial. Participants will be randomly assigned to one of two groups: Hyperoxia or Control. Hyperoxia will be delivered via a high flow oxygen mask. Control will be delivered via a standard oxygen mask. The study will be conducted over a period of 10 days.

How will we do this?

Participants will be recruited from the community. They will be randomly assigned to one of two groups: Hyperoxia or Control. Hyperoxia will be delivered via a high flow oxygen mask. Control will be delivered via a standard oxygen mask. The study will be conducted over a period of 10 days.

Who can participate?

Participants will be recruited from the community. They will be randomly assigned to one of two groups: Hyperoxia or Control. Hyperoxia will be delivered via a high flow oxygen mask. Control will be delivered via a standard oxygen mask. The study will be conducted over a period of 10 days.

What about costs?

We will cover the costs of the study. There will be no additional costs associated with participation in the study.

What are the risks?

Hyperoxia is a known risk factor for oxidative stress. However, the study is designed to be safe. There is a small risk of oxidative stress. However, the study is designed to be safe. There is a small risk of oxidative stress. However, the study is designed to be safe.

How much time does it take?

The study will be conducted over a period of 10 days. Participants will be recruited from the community. They will be randomly assigned to one of two groups: Hyperoxia or Control. Hyperoxia will be delivered via a high flow oxygen mask. Control will be delivered via a standard oxygen mask. The study will be conducted over a period of 10 days.

What are some potential benefits?

The study is designed to be safe. There is a small risk of oxidative stress. However, the study is designed to be safe. There is a small risk of oxidative stress. However, the study is designed to be safe.

Advocacy | Canada Disability Benefits Update Consultation Feedback

The Canada Disability Benefit Regulations and the Regulatory Impact Analysis Statement of the proposed regulations were published in Part I of the Canada Gazette. Members of the public are now invited to comment on the documents using the Gazette's online commenting system (comments can be made on this page of the Canada Gazette).

These proposed regulations, when finalized, will set out how the Canada Disability Benefit will be administered and delivered. The Regulatory Impact Analysis Statement is a description of the proposed regulations, rationale for the approaches, as well as an assessment of their cost and positive and negative effects. The consultation period will be open until September 23, 2024.

In addition to the documents published on the Canada Gazette, a plain language summary of the proposed regulations, as well as additional information on the proposed Canada Disability Benefit Regulations and engagement are now available on the Employment and Social Development Canada website. Members of the public are able to consult the [summary of the regulations](#) and the [additional information](#) on the proposed Canada Disability Benefit Regulations and engagement.

Once the consultation period for the proposed regulations is complete in September 2024, the Government will consider the feedback received and may make changes to the regulations. The final regulations will be published in Part II of the Canada Gazette in 2025, prior to the launch of the benefit. As announced in Budget 2024, the Government of Canada is committed to begin payment of the Canada Disability Benefit in July 2025, following the successful completion of the regulatory development process. Thank you for your feedback and maximizing the potential of the benefit to help people with disabilities in Canada.

2024 Paralympics in Paris | Cheer on Team Canada

The 2024 Summer Paralympics will be held in Paris from August 28th to September 8th. This will be the first summer paralympic games hosted by France and the first ever games in Paris.

There will be over 500 events in 22 sports! Sports include: archery, athletics, badminton, boccia, cycling (road and track), equestrian, football, goalball, tennis, taekwondo, wheelchair basketball, wheelchair fencing, wheelchair rugby and wheelchair tennis! For the first time, Olympic Broadcasting Services will provide live telecasts for all 22 Paralympic sports (increased from 19 in Tokyo). Coverage will also be broadcast on Channel 4 television and Channel 4 Sport on youtube. There are lots of Canadian athletes to celebrate and cheer on!

For the first time the Canadian Paralympic Committee (CPC) has unveiled the IGNITE the Light virtual seats fundraising initiative. This will allow for Canadians across the country to show their support for athletes by purchasing virtual seats that will fill a virtual stadium of support and encouragement. The seats are \$25 each, and each donor will receive a customized personal seat graphic to be able to show on social media. This will allow Canadians to be a part of the Paralympic movement. Funds will go towards ensuring that athletes have essential resources they need for years to come to achieve their dreams and to showcase the power of inclusivity in sport. Funds will also go towards athletes at all levels of sport across the country. From helping out with the cost of adaptive sport equipment, help to gain access to Paralympic sport programs and coaches, and benefit from specialized training and competition opportunities. To learn more about this initiative, check out: <https://paralympic.ca/foundation/ignite/>

A final fun fact about the Paralympics: did you know that local legend Dr. Bob Steadward was one of the pioneers to establish the Paralympic games.. check out this interview here to learn more about how the Paralympic games were started: <https://youtu.be/-XsV6e-Crb8>

Wheelchair Accessible Beaches Across Alberta

I have been able to use this beach wheelchair twice now and I can't say enough great things about it!!! What a difference it is for people who have mobility issues!! I am thrilled that this is available to use. And it's free to rent! You just have to provide an ID and a credit card.

-Best place to park is where the farmers market is on Fridays (but obviously not when the market is on lol).

-Someone will need to push the wheelchair, you can't use it independently. I took my electric wheelchair to our spot on the beach and my friend pushed the wheelchair to our location. She also used it as a wagon to carry our beach stuff (beach, towels, etc) to the spot. Another win win.

-There are a few stairs to get the paper to sign out the wheelchair. And another step to where you pick up the wheelchair. But I just got my girlfriend to get the paperwork and bring it to me to fill out, sign and give ID and credit card info. And I asked them to bring out the wheelchair to the flat surface. They were happy to help and have someone use the chair! I was only the second person to use it in the two years they have had them (there are two of them available).

-It's more stable than you think! Sit back, relax and enjoy!

Hope this helps get more people out on the water! Again, having this wheelchair made my experience at [Sylvan Lake](#) so wonderful, I have already returned because of the ease of enjoying the beach experience! - Rhonda

Nothing says summer like some fun in the sun and a day at the beach. Unfortunately, sand and wheelchairs don't mix well... and most beaches will see wheelchair users spinning their tires and digging themselves a hole.

However, there is a growing movement to install beach mats and provide beach wheelchairs rental across beaches in Alberta!

The following beaches have mats-and/or amphibious balloon-tire wheelchairs available!

- Sandy Point Beach, Sylvan Lake
- Slave Lake (Devonshire Beach)
- Marten River Campground Beach, Slave Lake
- Kinosao Beach, Cold Lake

Corona Canada also has an initiative to nominate a beach to receive a beach mat! So if you have a local beach that is currently inaccessible, you can nominate it to be made accessible here: <https://www.coronacntr.ca/en/accessiblepage>

Hope to see you at the BBQs! - Kendra + Terry

