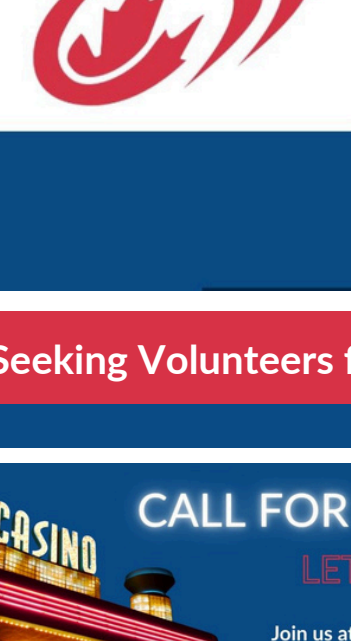
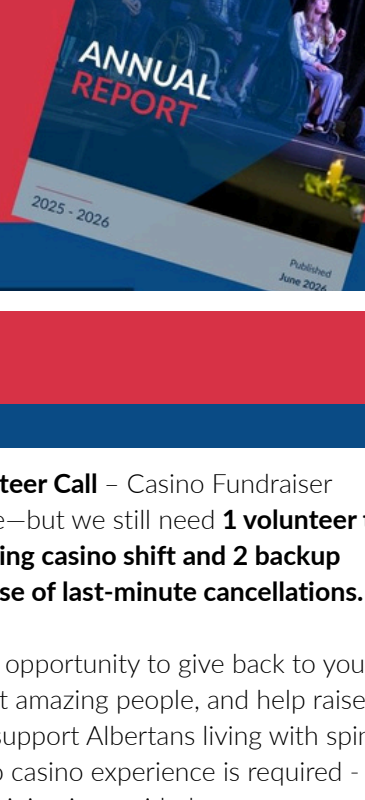


2025/2026 SCI-AB Annual Report



2025/2026 Annual Report

CLICK HERE to view our latest Impact Report and see how your support is helping individuals with spinal cord injuries across Alberta.



Seeking Volunteers for Lethbridge Casino | July 4th + 5th

CALL FOR VOLUNTEERS
LETHBRIDGE

Join us at our upcoming Lethbridge Casino fundraiser and help support programs and services for people living with spinal cord injuries. It's a fun way to give back, meet great people, and make an impact.
Sign up today and be part of the action!

Pure Casino July 4th and 5th 2026

Urgent Volunteer Call – Casino Fundraiser
We're almost there—but we still need **2 volunteer** to fill our remaining casino shift and **2 backup** volunteers in case of last-minute cancellations.

This is a fantastic opportunity to give back to your community, meet amazing people, and help raise critical funds that support Albertans living with spinal cord injuries. No casino experience is required - training is provided.

If you are interested in volunteering, please sign up using this link:
<https://www.signupgenius.com/go/10C0545ADAC2BAAFEC07-62197588-sciab#/>
Please feel free to forward this information to your contacts who may be interested. Thank you for your support!

Registration is Now Live for the Edmonton BBQ on July 12th!

YOU ARE INVITED TO THE
SCI-AB YEG SUMMER BBQ
FREE EVENT!
JOIN US FOR FOOD, FUN, PRIZES AND MORE!

WILLIAM HAWRELAK PARK SITE#4
SUNDAY, JULY 12 | 11 AM - 2 PM

Sponsored by:
Spinal Cord Injury Alberta Hollister

Register now for the YEG Summer BBQ on **Sunday, July 12th from 11am-2pm** at **William Hawrelak Park site#4!**

Tentative Event Schedule:
11am-12pm: Welcome snacks and beverages
11:30am-12pm: Wheelchair Maintenance + Power Assist Info Session with Congdons Aids to Daily Living
12pm-1pm: BBQ lunch with sides
12:30-1:30pm: Popsicles and sweet treats
1pm-1:30pm: Bollywheels Adaptive Dance Try It Session
1:30pm: Door prize draw
2pm: Event wraps up

Register here: https://secure.sci-ab.ca/webform/summer_bbbq

You are cordially invited to the SCI-AB BBQ extravaganza, where good food, great company, and unforgettable memories await.

There will be food, snacks, beverages, music, entertainment, adaptive equipment, info sessions, try-it sessions, outdoor lawn games, arts + crafts and a chance to connect with community organizations! Come out and enjoy an afternoon of summer time fun with your loved ones, and friends old + new!

Outdoor games and activities will be available to use from 11am-2pm on a first come first serve basis! There will be a hand cycle and several roller sledges to try out courtesy of the Paralympic Sports Association (PSA). There are accessible washrooms available nearby at the main pavilion, and there are a multitude accessible parking spaces!

Calgary BBQ Registration Coming Soon!

YOU ARE INVITED TO THE
SCI-AB YYC SUMMER BBQ
FREE EVENT!
JOIN US FOR FOOD, FUN, PRIZES AND MORE!

FISH CREEK PROVINCIAL PARK - GLENFIELD ASPEN
SUNDAY, AUGUST 16

Sponsored by:
Spinal Cord Injury Alberta Hollister

The Calgary SCI-AB BBQ will be on August 16th at YYC BBQ at Fish Creek Park

Stay tuned for YYC registration opening soon!

SCI-AB July 2026 Events:

- ### Upcoming SCI-AB Events in July:
- Edmonton:**
 July 2: Rescheduled Pizza + Peers at the Glenrose
 July 12: YEG Summer BBQ at Hawrelak Park
 July 14: Coffee + Peers at the Glenrose
 July 30: Pizza + Peers at the Glenrose
- Calgary:**
 July 14: Taco Tuesday Lunch with SCI-AB
 July 28: Rock Painting at SCI-AB Office
- Lethbridge:**
 July 4+5: SCI-AB Casino Fundraiser
- Grande Prairie:**
 July 4: Wheelchair Rugby Try It Event
- Virtual Events:**
 July 28: Virtual Ladies Peer Chat

Do you have any ideas or suggestions for the next peer event? Or do you want to start up a peer event in your area? Send your recommendations or inquiries to Kendra at kendra.erhardt@sci-ab.ca

Be sure to check out our [online events calendar](#) or our social media channels to keep up to date on upcoming events!

SCI-AB Peer Summit in YEG | October 21st

Life Reimagined

The SCI Alberta Community Summit

Mark your calendar

This is more than a conference—it's a gathering of people who understand what it means to rebuild, adapt, and move forward when life takes an unexpected turn. Whether you're living with a spinal cord injury or other disability, supporting a loved one, or working alongside this community as a caregiver, healthcare provider, or advocate—this day is for you.

Life Reimagined is about redefining what life can look like after injury or diagnosis. It's about building a life that is full, connected, and meaningful, even when the path looks different than expected. It reflects the strength of a community that continues to adapt, support one another, and move forward together—sharing experiences, exploring new possibilities, and shaping a future where everyone can thrive.

SAVE THE DATE
Wednesday
October 21st
EDMONTON

Save the date for the 2026 Peer Summit!

This year's event will take place on Wednesday, October 21st at the Evario Event Centre in Edmonton.

Join us for a day exploring innovation and empowerment for those with SCIs and other disabilities! There will be vendor/community member prizes, local resource spotlights, speakers, panel discussion, prizes, and more!

Stay tuned for details!

Check out clips from last years event in Calgary:
<https://youtu.be/1EDw7j4gb3U?si=hOASpK9Bd0biGGJf> (2025 Peer Panel Clip)
<https://www.youtube.com/watch?v=xTbpBMoEV8E> (2025 Speaker Highlight)

Feeling Lucky? | Get Your 50/50 Tickets Today!

Our 50/50 Raffle is NOW OPEN!

Every Ticket Supports Albertans Living with Spinal Cord Injuries

- Grab your 50/50 tickets today for your chance to win big while supporting Albertans living with spinal cord injuries!
- 3 tickets for \$10
 - 10 tickets for \$25
 - 25 tickets for \$50
 - 100 tickets for \$100
- The more tickets you grab, the better your chances — and the bigger the prize!
 Draw Date: October 21st
Buy your tickets here:
<https://www.rafflebox.ca/raffle/peersummit2026>

Voices Without Barriers | Accessible Music Festival | September 26, 2026

VOICES WITHOUT BARRIERS
 THE FIRST FULLY ACCESSIBLE MUSIC FESTIVAL OF ITS KIND IN WESTERN CANADA.
 More to come...
 BROUGHT TO YOU BY VOICE OF ALBERTANS WITH DISABILITIES
 THE WESTIN EDMONTON DOWNTOWN

VAD Society is preparing for Voices Without Barriers — Alberta's first fully accessible music festival and inclusive community event experience!

This event is being developed to celebrate accessibility, inclusion, disability culture, music, art, employment, and community connection in a way that has never been done before in Western Canada. [Learn more here!](#)

Get your tickets here:
<https://www.eventbrite.ca/e/voices-without-barriers-albertas-first-fully-accessible-music-festival-tickets-1991483850807>

In the Community + Across the Province:

There is a **new para swim program launching in Edmonton!** Mathew Mossey previously coached the Steadward Bears para swim team, but this year they have moved the para swim program to the Keyano Swim Club. They will be swimming out of the downtown YMCA on Tuesdays and Thursdays, and currently have 22 swimmers registered for the fall session, but they would love to see that number grow! This is a great way to take your swimming to the next level, get a full body workout, meet new friends, and enjoy the therapeutic effects of feeling weightless in the water. For more information or to sign up please contact: paraswim@ekssc.com

The **Paralympic Sports Association (PSA)** has lots of great programming across the province! Check out their [list of programming in Edmonton, Medicine Hat and Hinton!](#) They are also always looking for volunteers to help with events and programming! They have an adaptive golf program and kayaking program in Edmonton that is free to try for your first session, see the posters for details!

The **Edmonton Adaptive Sports Association** will be holding summer ice throughout the **sledge hockey** off-season. This ice times are free to attend, and equipment will be provided if needed. Reach out to Sharon Veeneman (780.721.7071) if planning to attend or if you would like more information. Summer ice times are generally twice a month and no previous experience is necessary. For the month of May practices will take place at **Millennium Place in Sherwood Park on Tuesday, July 14th from 8:45pm-10pm. As well as, Sunday, July 26th from 8pm-9:15pm. Please arrive 30-45min before to get equipment sorted and ready to get on the ice for start time.** Friends and family are welcome to attend and play as well! Please contact Sharon if wanting to attend to determine sledge type and equipment needed prior to practice.

Steadward Centre in Edmonton at the University of Alberta offers a wide range of programming for all levels of fitness goals! They have their Adult Fitness and Recreation program which allows individuals to customize a plan that works best for them and their lifestyle, whether it's custom program design, 1:1 training sessions, group fitness, or access to the gym space to use the adaptive equipment, they will find a plan that works best for you! Finally, they also offer Functional Electrical Stimulation (FES) programs that is designed for individuals with paralyzed muscles. The FES program also includes general access to the gym. Registration for spring sessions is now open! Learn more here: <https://www.ualberta.ca/en/steadward-centre/programs-and-registration/index.html>

Wheelchair Sports Alberta (WSA) has an **adaptive sports try it opportunity every Thursday** at the main gym at the Glenrose from 2-3pm, there is a rotating try it schedule. There is also now the option to try adaptive sports at the Terwilliger Recreation Complex on Thursdays from 4:15-5:15pm every week!

The Alberta Cerebral Palsy Sports Association has programming across the province! They have several programs available for all ability levels! There is **para soccer, powerchair soccer and bocci**. For more information check out: <https://www.acpsa.ca/>

Rocky Mountain Adaptive has lots of awesome activities to do from biking, to trailriders, adaptive paddleboards, kayaks and more! Registration for their summer camps, programs and rentals is now live! Don't delay, spots fill up fast! Check out their website for more info! <https://rockymountainadaptive.com/>

Ultimate Para Sports will be starting up an adaptive scuba program out of Cochrane at the SLS Center. The try scuba nights will be free on Tuesday evenings, and then it is \$550 if you want to complete your open water certification!

Ultimate Para Sports also offers para-cycling programs at various levels, and guided meditation classes as well. Their **para-cycling program is only \$50 for the whole summer!** Check out their full list of programming here: <https://www.ultimateparasports.com/our-programs>

The **Calgary Rollers Wheelchair Basketball** offers opportunities to give wheelchair basketball a try. Wheelchair Basketball is a fully integrated sport - meaning anyone can play! They provide demos to schools, churches and sports groups to continue to expose the sport and give everyone the opportunities. For more info contact: 403.814.7000 or calgaryrollers@gmail.com

The **Able Sail Association of Alberta** is hosting its annual **Stampede Breakfast and Try Sailing event Saturday, July 11 from 10:00 am - 2:00 pm.**

It's a day packed with excitement as we gather together for a delicious spread of pancakes, sausages, and refreshments. And that's not all – they're bringing the spirit of adventure with some sailing, too! Their whole sailing fleet will be available to try! The fee is by donation, but make sure you come regardless. The Martin 16's will be there, and they are untippable! You will not get wet. **They come with all the adaptive equipment and can even be rigged with a joy stick or sip and puff if need be. So if you can breathe, you can sail!** It is liberating to look back at your wheelchair on the dock and sail away on the **Glenmore Reservoir.**

PARALYMPIC SPORTS ASSOCIATION

OUR SUMMER PROGRAMS

- Adapted kayaking
- Adapted paddle boarding
- Youth/adult adapted golf
- Beginner paracycling
- Intermediate paracycling
- Teen/adult summer camps
- Summer sledge hockey intensive

No experience required! We provide all equipment!

PROVIDING SPORT AND RECREATION OPPORTUNITIES FOR CHILDREN, YOUTH, TEENS, ADULTS, AND SENIORS OF ALL ABILITIES.

KDAYS
 PSA is bringing roller sledge hockey to Kdays on July 21, 22, and 23.
 • 2-9pm
 • Edmonton Expo Centre
 • All equipment is provided!
 Come try roller sledge! We hope to see you there!

FIRST TIME FREE!
 You can try any program for free at any point during regular programming dates.
 Just email Sam at programs@parasportsab.com to sign up for your free session. Family, friends, and workers are encouraged to participate, too!

STAY UP TO DATE:
 @PARALYMPICSPORTS ASSOCIATION
 @PSAALBERTA

New ADAP and AISH Updates :

Understanding the New AISH and ADAP Changes

Starting in July 2026, Alberta will introduce the new Alberta Disability Assistance Program (ADAP). This means many current recipients of the Assured Income for the Severely Handicapped (AISH) program may see changes to how their benefits are assessed and delivered.

What You Need to Know

AISH will continue for people whose disabilities permanently prevent them from working. Many current AISH recipients may transition to ADAP, which is designed for individuals who may be able to participate in some level of employment with support.

Current AISH clients who transition to ADAP will receive a temporary transition benefit intended to maintain their current payment amount until the end of 2027. ADAP will allow higher employment income exemptions for some individuals before benefits are reduced.

New medical review and appeal processes may apply under ADAP.

Who May Remain on AISH Automatically?

According to Alberta's current information, individuals who are: 60 years or older, receiving PDD supports, living in continuing care, or living with terminal or palliative conditions may automatically remain on AISH unless they choose to move to ADAP.

Learn More and Explore Your Options

Several helpful tools and articles are available if you would like to better understand how these changes may affect you:
[Alberta AISH & ADAP Benefit Estimator](#)
[AISH to ADAP Explained - Zachary Weeks](#)
[ADAP Calculator - Zachary Weeks](#)
[What the New ADAP Letters Really Mean](#)
[Official Alberta ADAP Information](#)

If you receive a letter regarding your eligibility or transition status, it is important to review it carefully and seek clarification if needed. Client service coordinators at SCI-AB, support workers, advocacy organizations, and Alberta Supports may also be able to assist you in understanding your options, or supporting you through the process.

AccessibleGynecological Care Clinic at the Glenrose

Accessible Gynecological Care
 AT GLENROSE REHABILITATION HOSPITAL

- Runs every second month
- Wheelchair accessible with lift
- Staff available for transfers, clothing, and positioning

To self-refer, call 780-735-6290

Glenrose Rehabilitation Hospital is offering accessible gynecological care designed to better support individuals with mobility needs.

The clinic runs every second month and features wheelchair-accessible equipment, including a lift, with staff available to assist with transfers, clothing, and positioning during appointments.

Individuals can self-refer by calling 780-735-6290 to learn more or book an appointment.

Skip the Depot Fundraiser | Support SCI-AB

Got bottles lying around?

Skip the trip to the depot and donate them to SCI Alberta using SkipTheDepot!
Just download the app, schedule a pickup, and they'll come right to your door. Your bottles help support programs and services for people living with spinal cord injuries across Alberta, and make an impact.

<https://app.skipthedept.com/register?tab=customer>

SKIP THE DEPOT
 1- Download the App
 2- Bag your Bottles
 3- Select a Date for Pick-Up

Recycle your bottles from home and support SCI Alberta. It's as easy as 1, 2, 3!

"Hope to see you at the BBQs!" - Kendra

